

## October 2024 News

Where has the first month of school gone? The time is racing by and we appreciate the extra effort by parents that is being put into getting students to school on time and on a regular basis. Please remind your children that to be successful in school, all they need to do is pay attention in class, do their homework, and ask for help when they are struggling.

**We are in need of 5-10 parents to take over the MHS Parent Casino Fundraising Group. If we do not receive volunteers then this society will fold and the students of MHS will not receive approximately \$18 000 worth of materials to supplement their classes and options every 2 years. Our present group has been working hard for the past 6 years but their kids are graduating this year and it is time for others to help out. Our students have received books, kitchen appliances, tools, sewing machines, drama equipment, lego mindstorm kits, 3 D printers, cameras, sports and weight room equipment to name just a few of the purchases. The group meets 2 times a year to get things organized and also help work the casino days. The amount of commitment needed is minimal. PLEASE consider volunteering to keep this group active. Email [kariann.roszko@ngps.ca](mailto:kariann.roszko@ngps.ca) for more information.**

### **Awards Night - October 10**

Our annual awards night will be held on Thursday October 10, 2024 at 6 pm. Email invitations have been sent to parents of recipients.

### **Parent Teacher Interviews - October 23 & 24, from 4 - 7:30pm**

Positive and productive communication is key to ensuring that all stakeholders are on the same page about educational importance and elements that are supporting or impeding a student's achievement. Teachers will be set up in the gymnasium and parents/students are invited to come discuss student achievement and successes. No appointments are necessary. We will also be available to assist in setting up PowerSchool for parents who have not done so. We look forward to seeing you there.

### **Mental Health Capacity Building Wellness Coach**

The Mental Health Capacity Building In School Initiative continues this year with our Wellness coach Mrs. Laura Burger. This AHS program works to support youth in rural communities with the development of emotional, mental, and social wellbeing. The initiative is based on research and best practice that demonstrates that mental and emotional wellbeing can be developed, nurtured and supported through promotion and prevention efforts. Our Wellness Coach will be providing education and support within our school in order to bolster protective factors in our students so they can achieve the best possible health outcomes across their lifespan.

### **Breakfast Club**

Each morning students have access to complimentary breakfast items. The menu varies daily and is always nutritious, delicious and served with a smile. We serve about 60 students daily. Thank you to Breakfast Club of Canada, Pembina Pipelines and Pembina West Co-op for their donations to our program. If you would like to help support the program, juice boxes and cereal are always appreciated.

## **Parent Council**

Unfortunately, we did not have enough parents come out for our initial Parent Council Organizational Meeting. We will hold parent advisory meetings every 2 months for those still interested. Watch for the date in the November Newsletter.

## **Halloween**

Students are able to dress up for Halloween on Thursday October 31. There will be a costume contest at lunch with some “sweet” prizes. Costumes must follow dress code and no weapons (real or fake) are permitted.

## **PowerSchool Parent Portal**

The parent portal access is the perfect way to keep up-to-date with student assessment and attendance. If you do not have access to the portal for your students please contact the office.

## **SchoolCash Online**

All fees and outstanding items will be listed on SchoolCash. Programs with fees will appear on the account and can be paid for through various means.

## **Sports**

Cross Country, Golf and Volleyball are well underway. The junior golf team heads to Whitecourt on Oct 7 for their GCAA Championship.

Our cross country team competed at the Strike Cross Country Run in Whitecourt. Congratulations to Rayel Chittick on her 1st place, Clay Patterson on his 6th place and Roydin Chittick on his 10th place finish. Way to Go Tigers!

We are excited to have 6 volleyball teams competing for the Tigers this year! Thank you to the coaches that have stepped up to make this happen. If you would like to see some volleyball action there will be two home tournaments - Seniors Oct 18 & 19 and Juniors Oct 25 & 26.

## **Textbooks/Library Books**

If your student has any outstanding text/library books, please return them to the office as soon as possible. Students with outstanding textbooks will be receiving a statement as a reminder. Books that are not returned by the end of the month will be added to school cash.

## **Post-Secondary Information**

October 1st marks the opening of post-secondary applications for Fall 2024. Schools begin taking applications from now until generally March 1, 2024. Students have worked on getting accounts for Apply Alberta and taken the early steps in creating their profiles. Any student who requires more assistance can make an appointment to see Mr. Serediak.

For all students in high school, there are a series of post-secondary open houses taking place in the coming months. It is a great opportunity to visit the campus', speak to students and explore the vast array of programs available.

Below are a few of the dates and locations and more information can be found online at the individual institutes website. Be sure to visit the websites to see programs available, schedules, locations, parking and to register for the open houses - many have prizes and incentives.

Concordia University - Saturday October 26, 202 (In-Person 10 am - 2pm and Virtually 9:30 am - 12 pm)  
Register online at <https://concordia.ab.ca/future-students/open-house-2024/>

King's University - Saturday October 19, 2024 from 10 am - 2 pm  
<https://www.kingsu.ca/admissions/visit-kings/open-house>

Lakeland College - Friday October 18 and Saturday October 19, 2024 from 9 am - 3 pm each day.  
<https://www.lakelandcollege.ca/future-students/open-house.aspx>

MacEwan University - Saturday November 2, 2024 from 10 am - 3 pm  
<https://www.macewan.ca/future-students/open-house/>

Mount Royal University - Saturday October 19, 2024 from 9 am to 3 pm  
<https://www.mtroyal.ca/Admission/OpenHouse/index.htm>

NAIT - Saturday October 26, 2024 from 9 am - 3:30 pm  
<https://www.nait.ca/nait/admissions/tours-events-and-info-sessions/open-house>

Norquest College - Saturday October 19, 2024 from 10 am - 2 pm  
<https://www.norquest.ca/>

Red Deer Polytechnic - Saturday October 26, 2024 from 9 am - 1 pm  
<https://rdpolytech.ca/events/fall-2024-open-house>

University of Alberta - Saturday October 19, 2024 from 9 am - 3 pm  
<https://www.ualberta.ca/admissions/undergraduate/tours-and-events/open-house/index.html?>

University of Calgary - Saturday October 26, 2024 from 10 am - 2 pm  
<https://www.ucalgary.ca/future-students/undergraduate/events/open-house>

Thank you for taking the time to read through the newsletter!